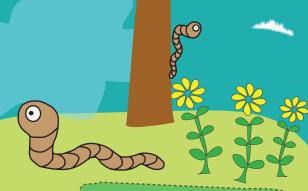
Kale Avocado Salad

1/2 cup fresh orange juice

- 3 The fresh lemon juice
- 2 tsp soy sauce
- 1 clove garlic, smashed and chopped into a paste
- 4 Tbs extra-virgin olive oil
- 2 avocados, halved, pitted, and peeled
- 2 Tbs raw hemp seeds (optional)
- 1 bunch kale (about 3/4 lb.), stemmed and finely chopped Kosher salt and freshly ground black

Rosner salt and tresnly ground black pepper, to taste



Whisk together juices, soy sauce and garlic in a bowl. Slowly whisk in oil; set dressing aside.

Cut the avocados into 1/2 inch cubes. Put cubed avocados, half of the hemp seeds, and kale into a serving bowl. Toss kale mixture with dressing and season generously with salt and pepper.